Health and Productivity Management Initiatives (Strategy Map)

Health Investment Regular and Special Health Checks Measures against Non-Smoking/Passive Smoking Prevent and Specific Health Guidance Treat (Metabolic syndrome Lifestyle prevention) Diseases **Utilize Health Application** Follow-up for Health Checks/High-risk Employees Strengthen Mental Healthcare Establish Workplace Prevent Long Work Hours Environment/ Structure Support Treatment and Work Balance/Return to Work Seminars and e-Learning Improve Health Literacy Initiatives on Women's Health Issues

Health Investment Effect

Indicators for Health Investment Measure Implementation

Regular Health Check Participation Ratio

Number of Smoking Areas

> Specific Health Guidance Ratio

Health Application Registration Ratio

Self-care/Line-care Training Attendance Ratio

Stress Check Participation Ratio

Training Attendance Ratio

Event Participation Ratio

Indicators for Change in Employee Awareness and Behavior

> Lifestyle Disease Related Indicators

(Ratio of employees with appropriate lifestyle)

[Smoking Ratio]

[Exercise Habit]

[Eating Habit]

[Drinking Habit]

[Sleep]

Ratio of Employees with Regular Health Check Findings

General Health Risk

Average Overtime

Average Annual Paid Leaves Taken Ultimate Target Indicator

get Solved M

Management Issues
Solved Through Health
and Productivity
Management

Reduce Presenteeism*1

Reduce Absenteeism*2

Improve Work Engagement

Employee Wellbeing

Improve Organizational Performance (Productivity)

- *1: Poor performance due to physical and mental disorders
- *2: Absence from work due to physical or mental illness